

# RetraSafe

## Retractable Ladder Stabilisers

### Attention!

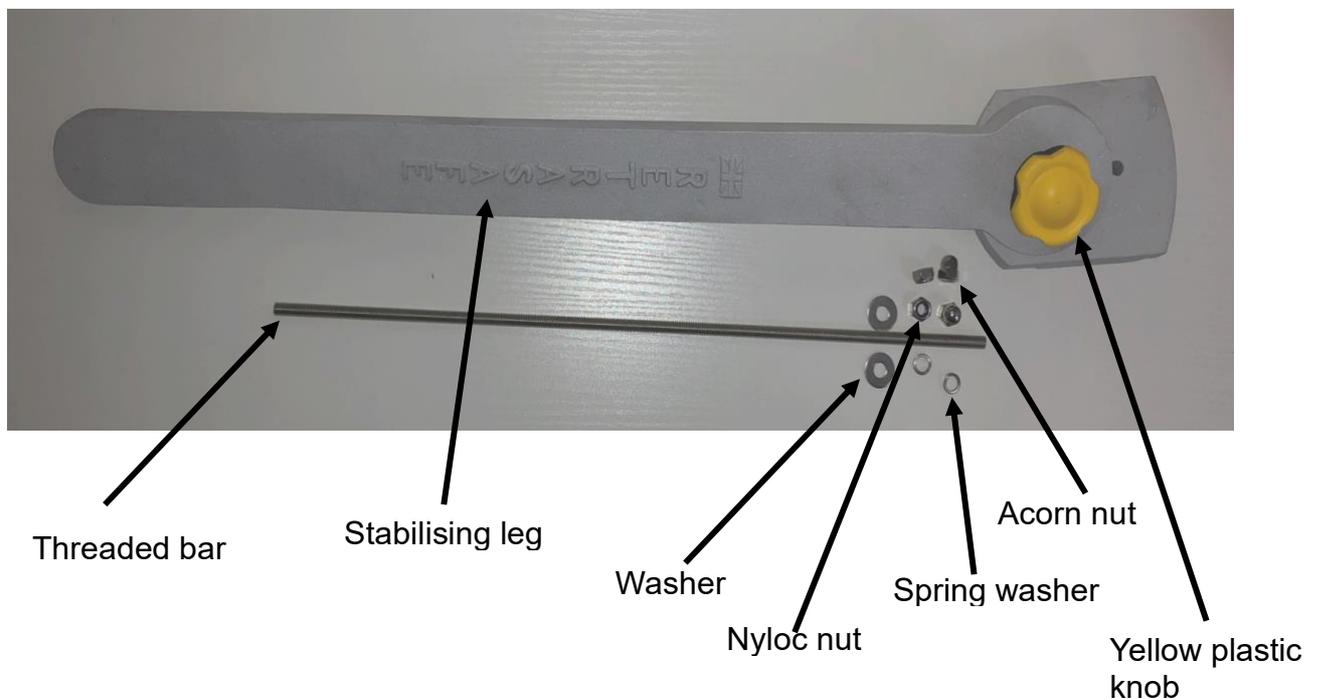
To comply with health and safety check device before and after every use for wear and tear and do not use if damaged in any way.

Make sure it is securely fastened to the ladder before travelling if the device is transported with the ladders.

We highly recommend that the product is used as part of fall arrest system and users should follow local working at height regulations of the country you are in.

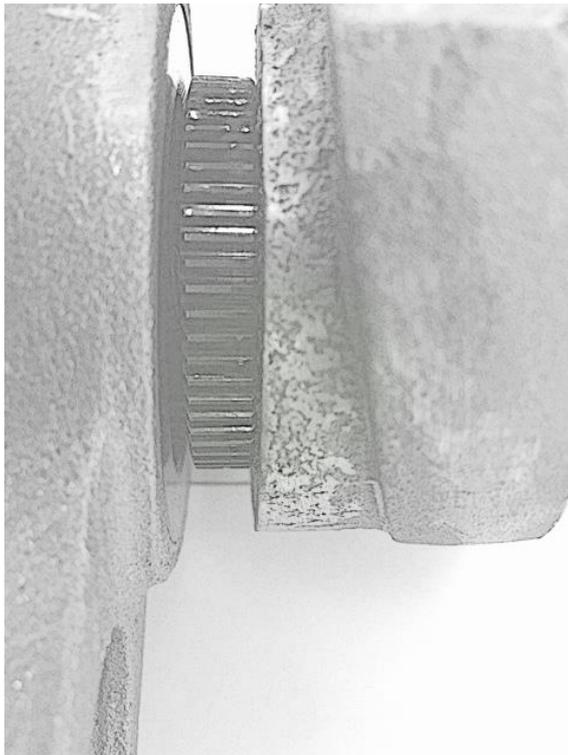
Thoroughly read the instructions before attempting to set up the retractable ladder stabilisers.

The product can support a maximum of 150kg and cannot be used freestanding. Before use check the maximum safe working load of the ladder and do not exceed the ladder's safe working load or 150kg dependent on which is lower.



## Instructions:

1. Insert the threaded bar through the bottom rung of the ladder. Put the stabiliser clamp through the bar either side of the rung through the hole with R going on the right hand side and L going on the left hand side. The easiest way to tell which leg goes where is when in use the legs should move in an outward position.
2. Firstly, add the steel washer at the end of the bar then the spring washer, then the Nylex nut and then finally the Acorn nut on both sides. Tighten the Nylex nut and Acorn nut until spring washers on both sides go flat but do not overtighten.
3. The device should be attached in the storage position for easy deployment.
4. To use the stabilisers loosen the yellow knob pull the stabilising leg out and twist it down to the required position. Press it back and make sure the gears have locked into place then tighten the knob. If you can see the gear threads it means the leg is not locked into place.  
Note: the legs may not be touching the ground but slight adjustments to the ladder placement can be made to ensure the legs are touching.



Gear threads between the leg and clamp.

5. Make sure all 4 feet (ladder and stabilisers) are touching the ground before using the ladder. See picture below.



6. Use the whole unit to create a safe working system.

7. Place device into storage position after use. Pic below shows system in storage position.



For more information visit: [www.retrasafe.com](http://www.retrasafe.com)

**We highly recommend watching our step-by-step tutorial on our YouTube channel.**

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